

**Dublin Juvenile Track & Field Championships - Day 1**  
**Sunday 28<sup>th</sup> May 2023**  
**Tallaght**

<b>10.30am</b>	U12 Girls	600m heats (finals at heat time if less than 16)			
	U12 Boys	600m Heats (finals at heat time if less than 16)			
	U13 Girls	600m Heats (finals at heat time if less than 16)			
	U13 Boys	600m Heats (finals at heat time if less than 16)			
	U14 Girls	800m Heats (finals at heat time if less than 16)			
	U14 Boys	800m Heats (finals at heat time if less than 16)			
	U15 Girls	800m Heats (finals at heat time if less than 16)			
	U15 Boys	800m Heats (finals at heat time if less than 16)			
	U16 Girls	800m Heats (finals at heat time if less than 16)			
	U16 Boys	800m Heats (finals at heat time if less than 16)			
	U17 Girls	800m Heats (finals at heat time if less than 16)			
	U17 Boys	800m Heats (finals at heat time if less than 16)			
	U18 Girls	800m Heats (finals at heat time if less than 16)			
	U18 Boys	800m Heats (finals at heat time if less than 16)			
	U19 Girls	800m Heats (finals at heat time if less than 16)			
	U19 Boys	800m Heats (finals at heat time if less than 16)			
<b>12:45</b>	<b><u>Hurdles</u></b>				
	U15 Girls	250m	2'3"	6	35.00m 35.00m 40.00m
	U16 Girls	250m	2'3"	6	35.00m 35.00m 40.00m
	U15 Boys	250m	2'3"	6	35.00m 35.00m 40.00m
	U16 Boys	250m	2'6"	6	35.00m 35.00m 40.00m
	U17 Girls	300m	2'6"	7	50.00m 35.00m 40.00m
	U17 Boys	300m	2'6"	7	50.00m 35.00m 40.00m
	U18 Girls	400m	2'6"	10	45.00m 35.00m 40.00m
	U19 Girls	400m	2'6"	10	45.00m 35.00m 40.00m
	U18 Boys	400m	2'9"	10	45.00m 35.00m 40.00m
	U19 Boys	400m	3'0"	10	45.00m 35.00m 40.00m
<b>14:15</b>	U16 Girls	3000m			
	U17/18/19 Girls	3000m (combined)			
	U16 Boys	3000m			
	U17/U18/19 Boys	3000m (combined)			
<b>15:15</b>	600m and 800m FINALS, unless held at heat times.				

**ALL CLUBS MUST PROVIDE NAMED OFFICIALS BY MONDAY 22<sup>nd</sup> of MAY**

**Athletes must be registered for 2023 and are advised to be present 1hr in advance of scheduled event**

**Event order (subject to change to facilitate the smooth running of the programme)**

Link to the competition will be available soon

**Entries Close on Monday 22<sup>nd</sup> of May at 23:5**

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**Tallaght**

**Shot Putt**

10:45	U15 Girls <b>2.72K</b>	U15 Boys <b>3K</b>
12:00	U14 Girls <b>2K</b>	
13:00	U14 Boys <b>2.72K</b>	
14:00	U12 Boys <b>2K</b>	
15:00	U12 Girls <b>2K</b>	

**Long Jump**

12.30pm	U15 Girls	U15 Boys
1.30 pm.	U17/18/19 Girls	U17/18/19Boys
2.30 pm	U16 Girls	U16 Boys

**High Jump**

10:45	U13 Girls
12:00	U12 Girls
13:15	U12 Boys
14:15	U13 Boys
15:15	U14 Girls
16:15	U14 Boys

**Javelin**

10:30	U14 Boys <b>400g</b>	
11:30	U14 Girls <b>400g</b>	
12:30	U16 Girls <b>500g</b>	U16 Boys <b>600g</b>
13:30	U13 Boys <b>400g</b>	
14:45	U13 Girls <b>400g</b>	
15:45	U15 Girls <b>400g</b>	U15 Boys <b>500g</b>

**Athletes must be registered for 2023 and are advised to be present 1hr in advance**

**Event Order (Subject to change to facilitate the smooth running of the programme)**

**Entries Close on Monday 22<sup>nd</sup> of May at 23:50**

**Strictly No Late Entries**

