## Dublin Juvenile Even Age Relay Championships Lucan- Wednesday $12^{\text {th }}$ June 2024 @ 7pm

| 18 | Girls | $4 \times 400 \mathrm{~m}$ | FINAL |
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| 18 | Boys | $4 \times 400 \mathrm{~m}$ | FINAL |
| 12 | Girls | $4 \times 100 \mathrm{~m}$ | Heats (4) |
| 12 | Boys | $4 \times 100 \mathrm{~m}$ | Heats (3) |
| 14 | Girls | $4 \times 100 \mathrm{~m}$ | Heats (4) |
| 14 | Boys | $4 \times 100 \mathrm{~m}$ | Heats (2) |
| 16 | Girls | $4 \times 100 \mathrm{~m}$ | Heats (2) |
| 16 | Boys | $4 \times 100 \mathrm{~m}$ | Heats (2) |
| 12 | Girls | $4 \times 100 \mathrm{~m}$ | FINAL |
| 12 | Boys | $4 \times 100 \mathrm{~m}$ | FINAL |
| 14 | Girls | $4 \times 100 \mathrm{~m}$ | FINAL |
| 14 | Boys | $4 \times 100 \mathrm{~m}$ | FINAL |
| 16 | Girls | $4 \times 100 \mathrm{~m}$ | FINAL |
| 16 | Boys | $4 \times 100 \mathrm{~m}$ | FINAL |
| 18 | Girls | $4 \times 100 \mathrm{~m}$ | FINAL |
| 18 | Boys | $4 \times 100 \mathrm{~m}$ | FINAL |

Any Heats/Semi-Finals will be run first, followed by Finals.
Above order of events might change if more than 8 teams in any age group.
Finals will be run where there are 8 or less teams.
Where there are two heats, the first 3 will qualify from each heat +2 on time and if three heats, the first two from each and two fastest overall will qualify for the final, and where there are 4 heats the winner and 4 fastest will qualify for the final. Where there are 2 heats of 4 or 5 the first $2 \& 4$ fastest will qualify for a final.
Athletes may move up one age group ONLY.
At least 2 members of the team must be in their correct age-group.
No restriction in U18
Teams qualifying for Finals MUST ONLY comprise of the same panel of runners entered in Heats/Semis.
All team names, reg numbers and DOB must be on entry sheets at closing date.
Times are approximate and the order of events is subject to change. Athletes are advised to be present at least $\mathbf{4 5}$ minutes in advance of the competition. All clubs must provide officials. Clubs should advise officials at check in if relay team is not competing, as this will help speed up proceedings.

## Strictly No Late Entries

