DUBLIN ATHLETIC BOARD JUVENILE LEAGUE 2 Sunday 11th May 2024 – Tallaght

			Long Jump 2 Pits			
<u>10.15am</u>	U/14 Girls U/14 Boys	100m 100m	10.15am 11.30pm	U/10 U/16	Girls/Boys Boys/Girls	
	U/15 Girls	100m	1		,	
	U/15 Boys	100m				
	U/16 Girls	100m				
	U/16 Boys	100m				
11.45am	U/10 Girls	60m		High Jump		
	U/10 Boys	60m	11.15am	U/14	Girls	
	U/11 Girls	60m	12.30pm	U/14	Boys	
	U/11 Boys	60m				
	U/12 Girls	80m				
	U/12 Boys	80m				
	U/13 Girls	80m		Shot Putt		
	U/13 Boys	80m	10.15am	U/12	Girls 2K	
			12 noon	U/12	Boys 2K	
			1.00pm	U/13	Boys 2K	
			2.00 pm	U/13	Girls 2K	
<u>1.15pm</u>	U/10 Girls	500m				
	U/10 Boys	500m		Discus		
	U/11 Girls	600m	11.30am	U14 & 15	Boys .75K	
	U/11 Boys	600m	12.45pm	U14 & 15	Girls .75k & 1K	
	U/12 Girls	600m				
	U/12 Boys	600m				
	U/13 Girls	600m				
	U/13 Boys	600m				
	U/14 Girls	800m			<u>Javelin</u>	
	U/14 Boys	800m	12.30pm	U15/U16 B		
	U/15 Girls	800m	1.15pm	U15/U16 C	Girls 400g/500g	
	U/15 Boys	800m				
	U16 Girls	800m	10.1-	Turbo Jav		
	U16 Boys	800m	10.15am	U11 Girls &	& Boys	

Sprints will be run as heats, semi finals & finals and 500/600/800m will be decided on times.

- 3 throws/jumps per athlete
- Clubs must nominate 2 named officials in advance.

Programme & event order subject to change, to facilitate smooth running of competition. Officials will facilitate competitors if T&F events coincide, however athletes should make sure their names are on the field event list.

Club vests must be worn, and athletes MUST BE REGISTERED FOR 2024

Age sticker/number should be displayed on club vest to compete. A Club official should pay for and collect these, €3 per athlete. Athletes can compete in all events in their age group.