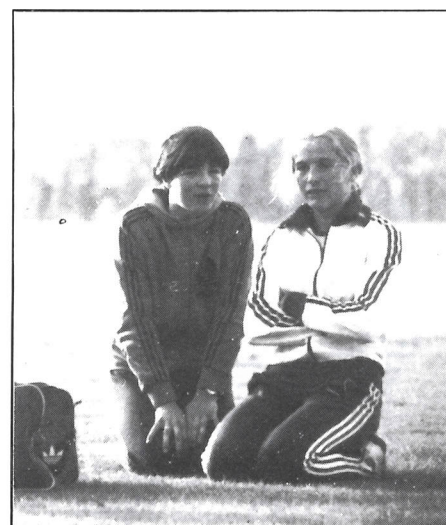


CRUSADERS PRESIDENTS AND SECRETARIES

1942	George V. Ryan	Luke Duffy	1968	B. Hennessey	"
1943	"	"	1969	"	"
1944	"	"	1970	"	J. O'Neill
1945	"	"	1971	"	J. Mulherin
1946	"	Denis Phelan	1972	"	"
1947	Denis Ryan	"	1973	"	"
1948	"	"	1974	P. McGovern	"
1949	"	"	1975	"	L. Nolan
1950	Frank Gibney	"	1976	"	J. Mulherin
1951	Theo Ryan	"	1977	"	S. Flatman
1952	"	N. Flanagan	1978	M. Byrne	D. Slattery
1953	"	"	1979	P. McGovern	"
1954	"	P. O'Dwyer	1980	"	"
1955	"	"	1981	"	"
1956	"	T.Cauldwell	1982	S. Kearns	"
1957	"	"	1983	"	L. Ryder
1958	"	G. McCanny	1984	"	"
1959	"	T. Cauldwell	1985	J. O'Neill	"
1960	"	P. Doyle	1986	"	P. Hanlon
1961	"	B. Hennessey	1987	"	"
1962	"	M. Doyle	1988	P. Lavelle	"
1963	"	P. McGovern	1989	"	"
1964	"	M. Doyle	1990	"	"
1965	"	P. McGovern	1991	R. Kirkham	"
1966	"	"	1992	"	J. Carey
1967	"	"			



Left: The two Marys
Mary Purcell and
Mary Barnwell



Right: Ruth Algar
and Michele Walsh

OLYMPIANS

1948 London C. O'Clérigh 4 x 400m R. Myles 4 x 400m D. Coyle Hammer J. Gregory (GB) 100; 200; 4 x 100m	1964 Tokyo M. Kyle 400m; 800m D. McCleane 800m V. Maniak (Pol) 100m; 4 x 100 Team Manager L. Vandendries	1984 Los Angeles C. O'Shea 800m C. McCullough Hammer
1956 Melbourne R. Delany 1500m M. Kyle 100m; 200m	1972 Munich M. Treacy (Guinness) 800m; 1500m P. Conway Shot Putt	1988 Seoul C. McCullough Hammer C. O'Connell Decathlon
1960 Rome R. Delany 800m M. Kyle 100m; 200m	1976 Montreal M. Purcell 1500m	
NATIONAL LEAGUES - CRUSADERS WINS		NATIONAL SENIOR CROSS COUNTRY CHAMP
1974 Women 1975 Women 1976 Women 1977 Women 1978 Men and Women 1983 Women	1980 Mary Purcell	

OUR CHAMPION CRUSADERS



CARLOS O'CONNELL - HISTORY MAKER

When Carlos O'Connell leaped 7.63 into the long jump pit at a low key track and field meet in Emmitsburg, USA on June 2 1990, he was creating a small bit of Irish sporting history.

Not only was his jump a new Irish record, but it obliterated at long last the longest standing record on the books - Peter O'Connor's long jump record of 7.61 set in 1901.

Although Carlos did set a school's long jump record in his teen years, he had become best known as an all-rounder. Indeed, such was his versatility that in his first attempt ever at the decathlon in 1981, the 18-year-old Dubliner won the Irish junior title - and a scholarship to Mount St. Mary's, a small liberal arts college in the USA which specialised in the multi events.

By 1985, he was ranked second behind Kevin Atkinson with a best score that year of 7,185. It set him up for his best season ever and in 1986, Carlos improved the Irish record to 7,609 and at the European Championships in Stuttgart was again over the 7,000 mark when he finished 17th with a score of 7,312.

The year after, he further stretched the Irish record to 7,882 at Emmitsburg, and later, although injured, helped the Irish decathlon team gain promotion to division B in the Europa Cup by just 14 points - a great day for Irish athletics.

1988 was an Olympic year and after breaking the Irish record again with a score of 7882, Carlos set off for Seoul where he performed with his usual consistency, finishing 29th with a score of 7,310.



CONOR MC CULLOUGH - DOUBLE OLYMPIAN

Hammer thrower Conor McCullough, now 30, has had to battle more than just the opposition in his career. When he headed for Kent State and later Boston University in the footsteps of national record holder Declan Hegarty, he discovered that he had diabetes.

As if that wasn't enough, in 1988 Conor fell foul of a mugger who stabbed him in the eye. But neither of these misfortunes stopped him - and Conor can now lay claim to being one of the tiny minority who have qualified not just for one but for two Olympic Games.

At Los Angeles in 1984, he threw 65.56, well below his best, and didn't qualify for the final. In Seoul he did better, finishing 14th overall with a throw of 68.66. That year he also threw 74.16, still his personal best.

Conor still comes home regularly and last year took the national hammer title at Santry with a throw of 64.88. He joins a noble tradition of Crusaders' throwers. Also winning many national titles in recent years has been shot/discus thrower Paul Quirke, who these days pursues a varied career from his U.S. base and in 1990 had a bit part in Arnold Schwarzenegger's Terminator II. What can we say but - hasta la vista!

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